

THE AUSTRALIAN FELDENKRAIS GUILD NSW DIVISION INC PRACTITIONER DETAILS JULY 2023



The following list of Feldenkrais Practitioners in NSW and ACT are members of the Australian Feldenkrais Guild who conduct *Awareness Through Movement*® (ATM) group classes and/or *Functional Integration*® (FI) individual sessions.
(CFP) denotes Practitioners that are Certified Feldenkrais Practitioners® who complete ongoing Continuing Education.
(HV) denotes available for Home Visits

Location	Name	Contact details	ATM / FI / HV
NORTH SHORE			
Crows Nest	Jill Taylor (CFP)	0455 964 473 (SMS) jilpa@gmail.com	ATM
Epping	Zoran Kovich (CFP)(CFT)	0422 343 317 zorankovich@yahoo.com.au www.MindfulActionStudio.com	FI WORKSHOPS
Lane Cove	Shona Lee	0416 820 252 shona@movingintune.com	FI
Chatswood	Christine Heberlein (CFP)	0402 965 918 cheberlein@ymail.com	ATM/HV
Lindfield	Christine Heberlein	0402 965 918 cheberlein@ymail.com	ATM/HV
Lindfield	Jillian Alsford (CFP)	0411 740 269 jillianalsford@iprimus.com.au	ATM/FI
North Sydney	Maxine Bachmayer (CFP)	0417 215 661 mh.bachmayer@gmail.com	FI
St Leonards	Christine Heberlein (CFP)	0402 965 918 cheberlein@ymail.com	ATM/FI
Turrumurra	Jill Schuberg (CFP)	0429 172 244 jschuberg@bigpond.com	ATM
Thornleigh	Jill Schuberg (CFP)	0429 172244 jschuberg@bigpond.com	FI
Pymble	Andrea Schadeberg (CFP)	0412 226 321 andreaschadeberg@gmail.com	ATM/FI/HV
Warringah	Mary Werick (CFP)	0402 974 449 maryfwerick@gmail.com abetterwaytomove@gmail.com	ATM/FI/HV
NORTHERN BEACHES			
Avalon	David Hall (CFP)	02 9918 7614/ 0404 625 326 www.bodylogic.net.au	ATM/FI
North Balgowlah	Lyn Kennedy (CFP)	0412 181 952 lynkennedy@gmail.com	FI/ATM
Dee Why	Lyn Kennedy (CFP)	0412 181 952 lynkennedy@gmail.com	ATM
CITY			
City	Ruth Marr (CFP)	0412 580 541	FI
City	Carol Clayton-Vincent (CFP)	0438 080 602 cclaytonvincent@gmail.com	ATM/FI (after 5)
INNER WEST			
Lilyfield	Christine Heberlein (CFP)	0402 965 918 cheberlein@ymail.com	ATM
Newtown	Margaret Kaye (CFP)	0402 116406 www.feldenkrais.net.au	ATM/FI/Home Visits
Annandale	Shona Lee (CFP)	0416 820 252 shona@movingintune.com	ATM/FI/H
	Christine Heberlein (CFP)	0402 965 918 cheberlein@ymail.com	Home Visits

Location	Name	Contact details	ATM / FI / HV
NORTH WEST			
Kenthurst	Catherine Hamber (CFP)	0416 031 253 catherine@wakamber.com.au	ATM/FI
NW Sydney	Holly Ruan	0411 03 1812	FI
EASTERN SUBURBS			
Kings Cross	Carol Clayton-Vincent (CFP)	0438 080 602 carol@workt.com.au	ATM/FI
Bondi Junction	Rochelle Franks (CFP)	0411 984 428 rochelle@mastermoves.com.au	FI/HV Private ATM
North Randwick	Tracey Stewart (CFP)	0417 842 820	ATM/FI
Watsons Bay	Gabi von Furtenbach	0405 708 640	FI / Home Visits
RoseBerry	Shona Lee	0416 820 252 shona@movingintune.com	ATM
Coogee	Margaret Kaye (CFP)	0402 116 406	ATM
Eastern Suburbs	Margaret Kaye (CFP)	www.feldenkrais.net.au 0402 116 406	FI/ HV

WESTERN SYDNEY/ BLUE MOUNTAINS

Katoomba Leura	Anna Fisher (CFP)	0408 155 031 anna@movetowardshealth.com.au	ATM/FI
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SOUTHERN SUBURBS

Gymea	Ruth Marr (CFP)	9525 0813 / 0412 580 541 baylins@optusnet.com.au	FI/ Home Visit
Little Bay	Silvia Finzi (CFP)	0431 523 696 silviafinzi@yahoo.com www.Silviafinzi.com	ATM/FI Spanish/Italian
Sutherland	Sue Scott (CFP)	0418 638 615 hello@lifethroughmovement.com.au	ATM/FI
Woolooware	Anne Chipman	0416 172 151 a.chipman@bigpond.com	ATM

CENTRAL COAST

Bateau Bay	Marlene Hvass (CFP)	0407 044 148	ATM/FI
Wadalba/Wyong	Elisabeth Schmidt-Davies	02 4351 2496 / 0400 066 979 Elisabethschmidt_davies@hotmail.com	FI / Home Visit

NEWCASTLE and HUNTER VALLEY

Newcastle/Hunter Valley [Adamstown ; Hamilton South]	Georgi Laney (CFP)	0402 835 289 www.movetovitality.com.au info@movetovitality.com.au	ATM/FI/Home Visit/Workshops
Newcastle	Lynette Guy	0405 344 335 lyn.guy@gmail.com	ATM/FI/HV Mobile
Lake Macquarie	Lynette Guy (CFP)	0405 344 335 Lyn.guy@gmail.com	ATM/FI/HV Mobile
Newcastle/Hunter	Helen Lane	hlane@hwy.com.au	FI
Newcastle/Waratah	Christopher Allen	0412 228 733 chris@movetovitality.com.au	ATM/FI
Lake Macquarie	Helen Lane	hlane@hwy.com.au	

SOUTHERN HIGHLANDS and SOUTH COAST

Bowral	Deborah Helm (CFP)	02 4862 1527 dhelm@bigpond.com	ATM/FI
Tathra and Surrounding Districts	Jodie Bourke (CFP)	0421 318 904 focrulzok@outlook.com	ATM/FI/HV
Shoalhaven Old Erowal Bay	Glenn Fraser (CFP)	0490 871 621 kechansboy@yahoo.com	FI Zoom Lessons
ACT			
Flynn	Kathi Schlesinger	feldekath@baxter.id.au	ATM
Canberra	Alison Smith (CFP)	0417 490 099 Gilruth36@icloud.com	ATM/FI
Canberra	Kit Tong (CFP)	044 990 0467 tkitw@hotmail.com	
Turner	Cassandra Morrow (CFP)	0408 389 234 www.movewithease.com.au	ATM/FI